KID SIZE ME!

WITH A WELL-DESERVED EMPHASIS BEING PLACED ON A BETTER APPROACH TO OUR CHILDREN'S NUTRITION!

LITTLE NIBBLES €3.25

Corn on the Cob

brushed with butter (7,10,12)

Garlic Bread

with crunch crispy salad (1w,7,12,10)

Fruit & Veg Kebab

with a peanut butter dip (5,8,7)

Homemade Soup of the Day

served with wholemeal brown bread (1w,7,9,12)

Baby Bowl

(mash, veg and gravy) (7,12,6)

BIG BITES €9.00

Grilled 100% Beef Burger

on a toasted bap with wedges or chips (1w,3,6,10,11,12)

Pasta Shells

with homemade Bolognese in a tomato sauce (1w,3,9)

Pasta Shells with chicken in a creamy white sauce (1w,3,7,10,12)

Pasta Shells with a tomatoe sauce & parmesan cheese (1w,3,7,10,12) €6.50

Banger & Mash with beans (1w,7,10,12)

Chicken Goujons

with wedges or mash (1w,3,7,10,12)

Chicken & Vegetable Stir Fry

with basmati rice (5,6,7,11,12)

Battered Fish Gouions

with salad & chips (1w,2,3,4,7,11,12,14)

Kids Chicken Breast

with mash, veg & gravy (6,7,12)

Kids Baked Hake Fillet

with mash & mushy peas (2,4,7,12,14)



Homemade Cheesecake of the Day (1w,3,7,8)

Kids Chocolate Brownie,

with chocolate Sauce (1,3,7,8)

Jelly & Ice Cream (7,3)

Cream filled Profiteroles

with chocolate sauce (1w,3,7,8)

Duo of Ice Cream - choose from strawberry, chocolate, vanilla (w,3,7,8)

Milk & Cookies (1w,3,8,7) €3.00

ALLERGENS: 1w=cereals containing gluten, 2= crustaceans, 3=eggs, 4= fish, 5= peanuts, 6=soya, 7= milk, 8 =nuts, 9= celery/celeriac, 10 =mustard, 11= sesame seeds, 12= sulphur dioxide (sulphites),13= lupin, 14= molluscs



